

Short Breaks Update e-newsletter Part 2 - Regular Activities



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Please do check direct with each provider
to ensure the activity is running before attending!

Short Breaks Update for Families with Disabled Children and Young People



Stay & Play SEND Sessions

Mondays 1:00 - 2:00pm

A group for children under 5 with additional needs and/or disabilities and their families.

No diagnosis needed.

Booking required. Limited spaces available.

£2
per
session

Call: 01295 276769 to book

Registers open at 9am on Tuesdays,
to book for the following week.



The
**Sunshine
Centre**

SUPPORTING & ENCOURAGING COMMUNITIES

The Sunshine Centre Registered Charity Number 1124335 / Registered in England & Wales No 05276714

Spaces are limited so please book if you wish to attend!

The Sunshine Centre, Edmunds Road, Banbury, OX16 0PJ. Tel:- 01295 276769;
community@sunshinecentre.org; www.sunshinecentre.org

Short Breaks Update for Families with Disabled Children and Young People



SEND Group for families of under 5s

We are excited to offer a new weekly SEND group for anyone with a child with an additional need, age 0-4 years. The child does not need to have any formal diagnosis. There will be the opportunity for play and support from other families and professionals.

To register, scan the QR code below or contact camille.kalaja@people.org.uk



people



9:30-11am
Tuesdays

Rose Hill location

For anyone with a child with an additional need aged 0-4 years

This group is primarily aimed at families in the catchment areas of Littlemore, The Leys and Rosehill in Oxford. Venue details will be sent once you've registered. You can sign up by scanning the QR code or click here: <https://forms.office.com/e/7Sx6Z6FZzJ>.

For more info, please email - camille.kalaja@people.org.uk

Short Breaks Update for Families with Disabled Children and Young People

Witney

LITTLE EXPLORERS, BIG ADVENTURES

Toddlers World at Windrush Leisure Centre is for children aged 6 months to under 5 years old, accompanied by a parent or guardian. This sensory-friendly session features a quieter atmosphere, reduced capacity, and equipment designed to cater to all children's needs.

When: Every Wednesday

Time: 11am - 11.45am

Where: Sports Hall

Scan the QR code for more information

**SENSORY
FRIENDLY**



Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398

BETTER

For more info or to book - [Soft Play](#) | [Windrush Leisure Centre](#) | [West Oxfordshire](#) | [Better](#)

Short Breaks Update for Families with Disabled Children and Young People



SEN Social Family Club at The Hill, Dover Avenue in Banbury has returned on Wednesdays from 5:30pm!

For those who are new to the session, our SEN Social Family Club is a volunteer led, safe and welcoming space for families with children on the SEN pathway to come together and connect with others who understand the unique challenges and joys of raising a child with special education needs. Our goal is to provide a supportive and inclusive environment where families can bond and create long-lasting friendships.

We have a variety of activities planned including arts and crafts and games. There will also be snacks and refreshments available.

For more information - www.thehillbanbury.com or email Carol at - [SEN social family club](#)

Short Breaks Update for Families with Disabled Children and Young People



TERM TIME
STARTING 8TH MAY
THURSDAYS
10-11.30AM
£2 PER FAMILY £1 PER
ADDITIONAL CHILD

SEND & FRIENDS

A welcoming group for toddlers with SEND, children out of education and home educated families to play, connect and feel supported. No diagnosis needed.



ASTON FELLOWSHIP CENTRE
OX18 2DU

Short Breaks Update for Families with Disabled Children and Young People



*£1 Per Child
Healthy Snack Included*

The Dovecote S.E.N Stay And Play

Thursday 9.30 AM Until 12 PM



Support For Families With Children
With Autism And Sensory Needs

The Dovecot Centre is on Nightingale Avenue, Oxford, OX4 7BU.
All welcome! For more info - jigsawoxford@gmail.com

Short Breaks Update for Families with Disabled Children and Young People



SEN SQUIRRELS

Drop-in group for children with additional needs and their families (with or without a diagnosis), and also families wanting a quieter session!

£2

CRAFTS QUIET ROOM BOOK CORNER
OUTDOOR PLAY SENSORY TOYS SNACKS
TEA & COFFEE SINGING-TIME FRIENDS!

Fridays
10am-11.30am

St John's Hall
Broadway

email: kidlington.communityhub@gmail.com
www.facebook.com/kidlinksuk 
www.kidlinks.org.uk

Please note: The age range is a rough guide as we know that age isn't always a determining factor for a child's needs or abilities when it comes to SEN, so please feel free to get in touch with us if you are unsure.

kidlington.communityhub@gmail.com

www.kidlinks.org.uk

www.facebook.com/kidlinksuk

SEN GROUP

A Special Time To Play

Activities for Everyone!

Our SEN group features a range of activities that are fun for all ages, including LEGO building, big bubbles, and much more.

Whether your child enjoys hands-on creativity or the joy of bubbles, there's something for everyone.



A stay & play session for families with children with additional needs. Suitable for children of primary age & below. Safe, secure and informative session.

Meets once a month on a Saturday @ 2pm-3pm. Whole family welcome!

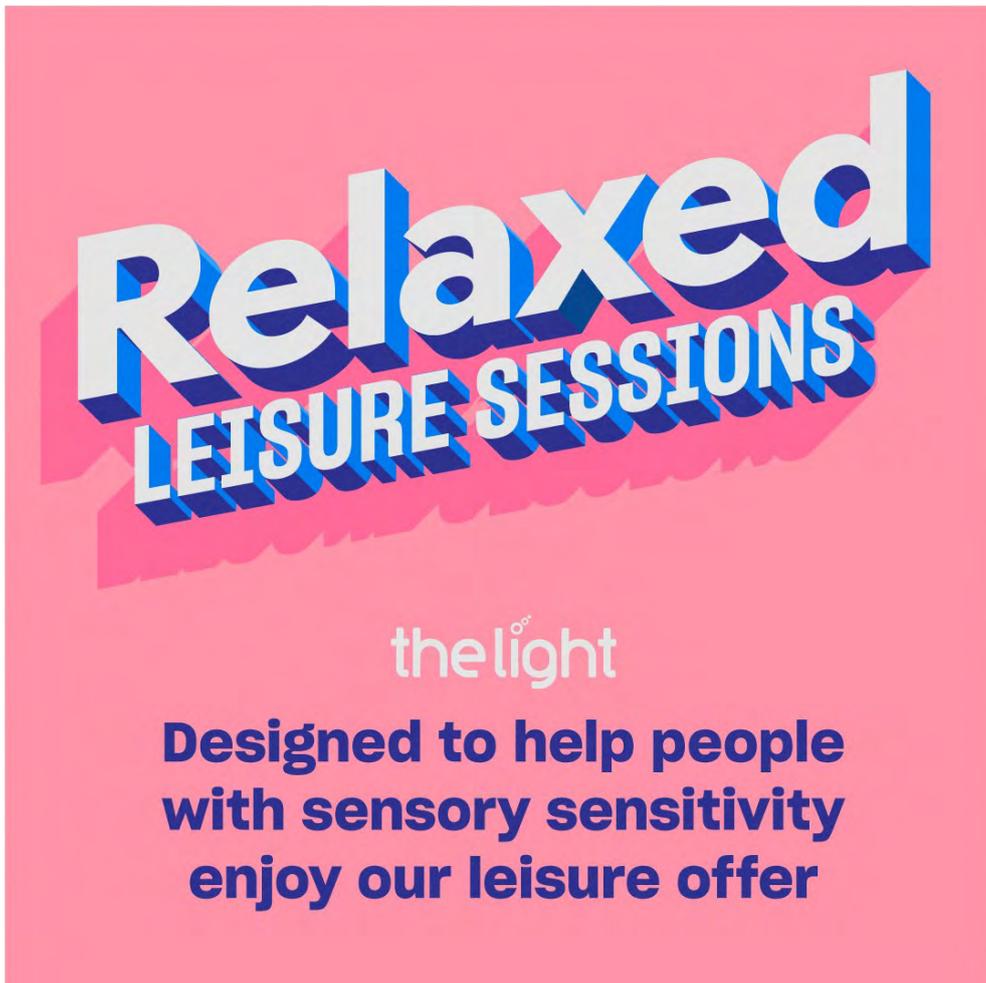
At Wigod Way Wallingford Family Centre, Wilding Road, Wallingford, OX10 8AJ

** Session is free but spaces must be booked as numbers are limited **

To book - [SEN session - Wigod Way Wallingford](#)

Places are free but as we are a charity, donations are welcome and can be made during the session if you are able.

Short Breaks Update for Families with Disabled Children and Young People



The Light in Banbury offer some relaxed leisure sessions as well as sensory friendly cinema viewings. These are:-

- * Relaxed bowling - every Sunday morning between 9am-10am. No music, lights are at a minimum on the bowling lanes, arcades are turned off.
- * Relaxed climbing session - every Thursday afternoon at 4pm. These are quieter and slower paced sessions in smaller groups for those with sensory needs.

To book or find out more, please go to the website - [The Light Banbury](#) or you can pop in and book in person if you prefer.

**** The Light is located in Spiceball Park Road **
Banbury, Oxfordshire, OX16 2PA**

Oxfordshire Inclusive Choir



Meets on Thursdays @ 5-6 pm fortnightly online
with one face-to-face session per school term

By welcoming all voices, we aim to be as inclusive as possible, actively trying to remove barriers to participation from those with severe and profound learning disabilities.

Register here:

Oxfordshire Inclusive Choir | Oxfordshire County Council



Supported using public funding by



ARTS COUNCIL ENGLAND



OXFORDSHIRE COUNTY COUNCIL

Oxfordshire County Music Service have an Inclusive Choir for pupils with SEND. If you are interested in joining or have would like any further information please contact us via our website at - [Oxfordshire Inclusive Choir](#)

Short Breaks Update for Families with Disabled Children and Young People

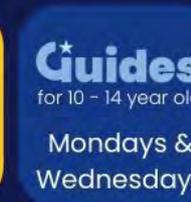


VIRTUAL MEETINGS

£7 per month

An alternative way to take part in the fun and adventure of Girlguiding for girls aged 4 – 18 who are unable to attend face-to-face meetings for health or social reasons. Previous membership is not necessary.

All girls have a home in Girlguiding – whoever they are, and wherever they are in the UK. We are Girlguiding Connect district – LaSER.

 Rainbows for 4 – 7 year olds Mondays & Thursdays	 Brownies for 7 – 10 year olds Mondays & Thursdays	 Guides for 10 – 14 year olds Mondays & Wednesdays	 Rangers for 14 – 18 year olds Thursdays
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Email: connectdistrict@girlguidinglaser.org.uk
Join: bit.ly/joinggconnect
Instagram/TikTok: @ggconnectdistrict Facebook: Girlguiding Connect district



Girlguiding Connect Information Sessions



Find out how and why to connect to Connect – no commitment

Sun 5th Jan @3pm
Thur 9th Jan @ 7pm

To find out more and sign up for an info session:
<https://linktr.ee/girlguidingconnect>

To find out more, please email:-
connectdistrict@girlguidinglaser.org.uk

To sign up for info session:-
[Sign up - Girlguiding Connect](#)

Short Breaks Update for Families with Disabled Children and Young People



SEN CLASSES

Every Sunday morning
11am - 11.45am

At NOX we believe in gymnastics for ALL

We know that some children need a little more support and guidance to get involved in our classes. Every Sunday morning we run fun, parent-inclusive classes using a wide range of equipment and interactive games!

 hello@noxgymnastics.com

One of our core beliefs at NOX is that gymnastics should be available to everyone. If you think your child might benefit from some extra support during class, then our 11am class on Sunday morning is the perfect opportunity to provide this.

Spend quality time with your children while allowing them to explore our interactive open-gym environment and learn some new skills.

If you are interested, visit <https://www.noxgymnastics.com/.../gymnastics-taster.../> for more information or **sign up for a FREE trial!** We also have parkour sessions!

Short Breaks Update for Families with Disabled Children and Young People

**** Weekly for 2025 ****



**** SEND SESSIONS ****

This one hour session, which includes the safety briefing, is suitable for those with additional needs whether neurological or physical and their siblings (minimum age of 4 years).

We create an environment which is as calm as possible, with reduced participant numbers, low music levels and multi-sensory climbing aids for those whom are visually impaired. For those with a physical need, who may need assistance to climb, please contact us before hand so we can arrange suitable support. If you require a social story before your session please contact us - info@clipnclimbbicester.co.uk.

These sessions are also a great opportunity for parents of SEND children to meet up and share their experiences over a complimentary hot drink in our arena side café (one complimentary hot drink per booking).

Session times: Friday 5:30pm – 6:30pm (in Oxfordshire term time)

£12 per session includes climb and complimentary hot drink for the booking adult.

To book, go to our website - [Bicester Clip n Climb booking](#)

Short Breaks Update for Families with Disabled Children and Young People



The Engine Shed is a special interest group for autistic children and young people who love trains. Based in Reading, we meet at Caversham Methodist Church, Gosbrook Road, Caversham, RG4 8EB.

Model railways and train sets for all abilities are set up and a range of train-related resources are available to play with. The Engine Shed sessions are free of charge, free snacks and drinks are provided. There is no need to book and all are welcome, including siblings and grandparents.

The sessions do tend to be split based on age but realise that with siblings etc this breakdown is not straightforward but please come to the one that suits you and your group best. We understand that not all attendees will always be within the suggested age range.

**** Next dates - Saturdays 31st May & 28th June 2025 ****

For more information - <http://www.theengineshed.org.uk/reading/> or if you would like to know more, require clarification or just want to check sessions are running before you travel, details etc then please email the Coordinator Sarah at mail@theengineshed.org.uk

Short Breaks Update for Families with Disabled Children and Young People

*** NEW ***

SEN skateboarding session every Tuesday at 5pm in Eynsham. £12 per child (siblings discount offered). No more than 5 children, places are limited. **To book** - <https://bookwhen.com/brokenboards?tags=sen>



BROKEN BOARDS
private sessions • group sessions • courses
events • home ed club • after school club
brokenboardscoach.com



Do you want to start your skateboarding journey? We run safe and inclusive sessions around West Oxfordshire.
Gear provided. All ages and levels welcomed.

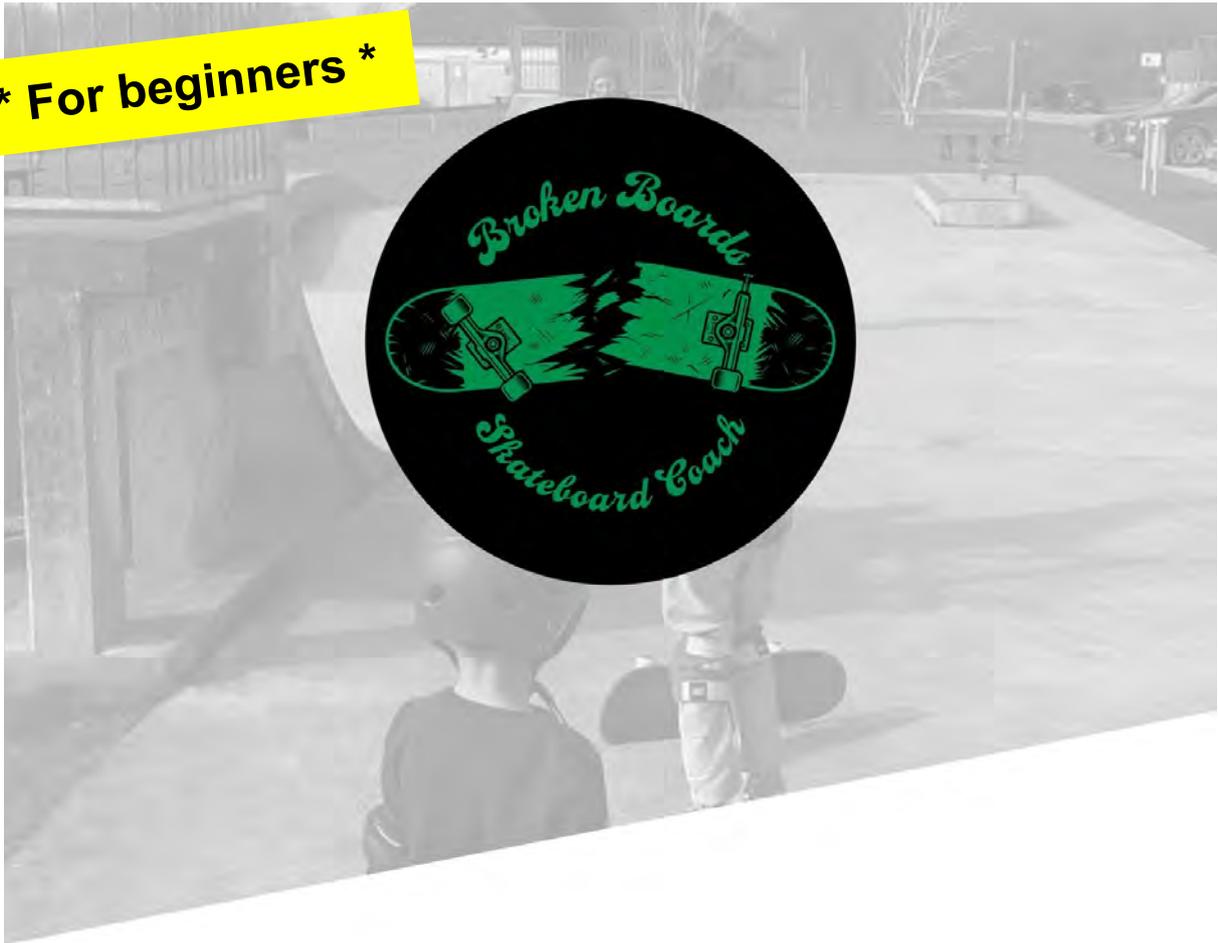


To find out more, go to the website - [Broken Boards Ltd \(brokenboardscoach.com\)](http://Broken Boards Ltd (brokenboardscoach.com))

To book - www.bookwhen.com/brokenboards

Short Breaks Update for Families with Disabled Children and Young People

*** For beginners ***



GROUP SESSIONS

every Thursday 4.30pm
@ Langdale Hall, Witney
beginners, gear provided

book now at brokenboardscoach.com

To find out more - [Broken Boards Ltd \(brokenboardscoach.com\)](http://Broken Boards Ltd (brokenboardscoach.com))

To book - www.bookwhen.com/brokenboards

Short Breaks Update for Families with Disabled Children and Young People



WELCOME TO *Equilore*

DISCOVER THE BENEFITS OF THE HUMAN-ANIMAL BOND

Emotional Regulation: Horses provide honest and immediate feedback, helping children learn to manage their emotions in healthy ways.

Self-Esteem Boost: Through positive interactions with horses, children experience a sense of accomplishment and empowerment, boosting self-confidence.

Social Skills Development: Interacting with horses fosters communication, empathy, and teamwork, helping children improve their social skills and build meaningful relationships.

OUR THERAPEUTIC PROGRAMS

 *Barn Pals*
Fridays 16:00-17:30 | £25 per child | max 6 children

Learn all about horses and how to care for them; from brushing, preparing feeds and haynets, mucking out, fencing, leading and tidying paddocks you will learn all about the job involved in taking care of horses.

 *Stable Relationships*
Wednesdays 12:30-14:30; Fridays 10:00-12:00 | £65 per child | max 6 children

Our experienced facilitators arrange a series of engaging activities and exercises with horses with lessons on Respect, Trust, Boundaries and Communication in a fun and interactive way.

 *Equine Facilitated Psychotherapy*
Daily sessions available | Times arranged with Therapist

These 1:1 sessions are psychotherapeutic in nature and led by our fully qualified facilitators. Working with the horses, we support those with mental health challenges by focusing on emotion regulation, trauma processing and mindfulness techniques.

BOOK NOW

 Park End, Croughton, NN13 5LX

 07787 402236 (Loes)

 www.equilore.co.uk

Please contact Loes direct to book - www.equilore.co.uk

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



Camp Mohawk

The Woodland Centre Trust

For children and young people with special needs

Camp Mohawk is a day centre for children with special needs and their families, set in 5 acres of beautiful countryside, just outside Wargrave, Berkshire. Throughout the year the centre provides a range of activities, facilities and natural space to encourage children with a variety of special needs to play, socialise and learn in a secure and caring environment. Our facilities include adventure playgrounds, swings, sensory garden, play village, soft play and sensory rooms, art / craft room, music room, play lounge and, in the summer months, an outdoor, heated play pool. All this is set in approximately 5 acres of natural woodland.

What we offer:

- **Family Days** in school holidays and on Saturdays in term time – children / young people need to be accompanied by a parent / carer but we have a team of staff and volunteers on hand to provide support and assistance
- **Short Breaks** activities for children / young people aged 8 to 25 who have High Functioning Autism / Asperger's Syndrome
- **Special events** including sensory sensitive fireworks displays and Christmas parties
- **Group sessions** / days for SEND support groups, schools and groups of families



Registration is mandatory for all services and advance booking is necessary for all sessions. Fees / charges for families are all voluntary but contributions from our service users are an important source of income so we do have suggested contribution levels. Please visit our website or get in touch for more

information:

Web: www.campmohawk.org.uk

Email: info@campmohawk.org.uk

Tel: 0118 940 4045

THE WOODLAND CENTRE TRUST, Highfield Lane, Crazies Hill, Wargrave, Berks. RG10 8PU. Registered Charity No. 1202580

To find out more, please go to our website: - www.campmohawk.org.uk

Short Breaks Update for Families with Disabled Children and Young People

SEND DRUM LESSONS

Drumming down barriers to learning the drums



Drum kit lessons bespoke for the physical and sensory requirements of each student.

Contact:

07983651098, 



Express. Empower. Engage

If you have any questions or would like more information, please contact Felix on 07983 651098.

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Chess Club



FRIDAYS
5.00 - 7.00 pm
Faringdon Library
ALL WELCOME !

Do come along!
01367 240311

This is a FREE club, open to all ages and abilities. All are welcome.

Cats aren't provided but refreshments are!!

Any queries, please contact the Faringdon library on
01367 240311.

Short Breaks Update for Families with Disabled Children and Young People



inclusive dance school

FREE* DANCE CLASSES

Specialist dance classes for children and young people with SEND and Wheelchair users
Available for 26 weeks starting 04/11/2023

Wheelchair Dance Classes
Saturdays 3pm—4pm
Wychwood School,
Milton Under Wychwood

Boys Musical Theatre Class
Wednesdays 4pm—4:45pm
The Life Centre,
Milton Under Wychwood



Girls Contemporary Class
Tuesdays 4pm—4:45
The Life Centre, Milton Under Wychwood



Please email info@sunraedance.co.uk for more information
or to book a place.

*With thanks to Active Oxfordshire and YouMove we can now support children from low income families in receipt of benefit related free school meals. £30 a month if you don't qualify.



Sun-Rae Inclusive Dance School welcome disabled and non disabled children in their classes (and also have classes for adults). They also have some funding for some free dance classes for children in receipt of benefit related free school meals, or £30 per month if you don't qualify.

For more information, email info@sunraedance.co.uk

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



New Silent Disco Session!

Style Acre is starting a new session for anyone who likes listening to music and having a boogie!

It is at The Junction, Didcot (42 Lydalls Road, OX11 7HX) 1pm-2pm every Tuesday and costs £3.

How does a silent disco work?

Everyone wears headphones which play the same songs. There are two music channels to choose from and you can switch between the two. We'll have disco lights and refreshments!

For more info contact Anita on 07760 527 610 or apowell@styleacre.org.uk

Short Breaks Update for Families with Disabled Children and Young People



BETTER
the feel good place

New Inclusive Activities

Witney multisport session for over 18s started Feb '25

Football Basketball
Badminton Drums Alive Kwick Cricket
Dodgeball Tag Rugby



£3 Per Session
Carers Go Free

When: Monday 2-3pm

Where: Windrush Leisure Centre or Witney ATP

Details: 01993 861564

Short Breaks Update for Families with Disabled Children and Young People



DISABILITY PROVISION WEST OXFORDSHIRE

better.org.uk/west-oxfordshire



Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: X843398

This document outlines the disability provision at the leisure centres in West Oxfordshire. This includes swimming sessions, swimming lessons, accessible facilities and other activities.

Go here to look at the details - <https://shorturl.at/qVj1n>

Short Breaks Update for Families with Disabled Children and Young People

LEARNING DISABILITY TENNIS IMPROVERS

Join our fun and engaging lessons, where players with foundational tennis skills can develop their techniques in friendly matches. The session is open to adults and juniors with any type of learning disability.

Location: White Horse Leisure & Tennis Centre

Time: Saturday 10am - 11am

Cost: £2.95

For more information please contact sue.auger@gll.org or discover more at better.org.uk/white-horse



Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 (registration no. 277939). Registered office: 103 Regent House, The Royal Arsenal, London, SE18 6SX. Ireland Revenue Charity no. XPK3398.

BETTER

More info - sue.auger@gll.org or www.better.org.uk/white-horse

Short Breaks Update for Families with Disabled Children and Young People



Wheels for all: Witney

recumbents • trikes • wheelchair carriers



Supportive, safe and inclusive cycling sessions for those with additional needs.

Every Saturday:
11am - 1pm, ages 2 yrs onwards.

Family members welcome.

£3 per session.

Wood Green School,
Witney, OX28 1DX



Book by
phone, email or website:
<https://windrushbikeproject.uk>

07554 363635

 @windrushbikepro

 @windrushbikeproject

 @windrushbikeproject

 wheelsforall@windrushbikeproject.uk

www.windrushbikeproject.uk

Try a bike, borrow a bike, ride in a safe space - book your place here:-

[Book cycle training, bike maintenance courses, DIY workshop and Junior Wheels for All - Booking by Bookwhen](#)

Short Breaks Update for Families with Disabled Children and Young People



Boccia Kids

Sundays 1-2pm WHLTC



We are a mixed U16 group, open to all children with a physical disability who would like to play bocce in our fun and friendly team. No experience is necessary.

Bi-weekly Sunday sessions from 1-2pm. £3pp.

Please contact Rachel for more information on 07798 631887.



**Meets fortnightly at the White Horse Leisure Centre,
Audlett Drive, Abingdon, OX14 3PJ.**

**For more info, contact Rachel on 07798 631887 or email us on
abingdonboccia@gmail.com**

Short Breaks Update for Families with Disabled Children and Young People

Witney - 2 sessions

Let's play Boccia

A ball sport similar to bowls

£3 per session

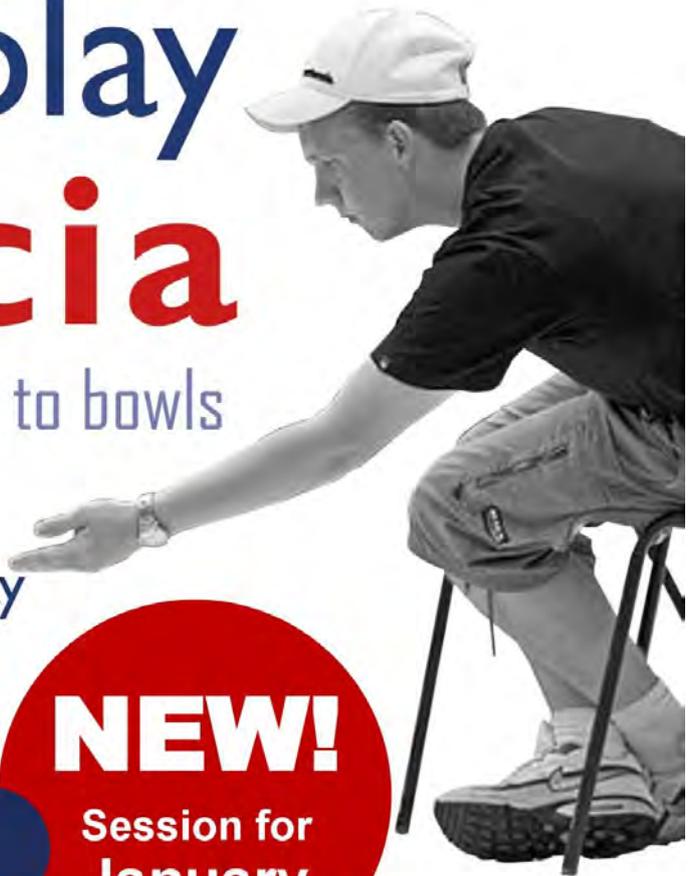
Just turn up and play

ALL WELCOME



NEW!

Session for
January



Fun, friendly classes for all ages and abilities

Tuesdays 11:30am—12:30pm

Wednesday 11:00am-12:00

Windrush Leisure Centre

For more information:

 01993 861564



WEST OXFORDSHIRE
DISTRICT COUNCIL

Working
together with

BETTER
the feel good place

Short Breaks Update for Families with Disabled Children and Young People

SEND RUGBY

SESSIONS



Banbury

NON-CONTACT RUGBY ACTIVITIES FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES AND THOSE LACKING CONFIDENCE IN SPORT



FUN
SAFE
FRIENDLY



SUPPORTED BY
THE NATIONAL LOTTERY
SUPERVISED BY
EXPERIENCED, QUALIFIED COACHES

VOLUNTEERS WANTED

BANBURY RUFC
GRAF UK STADIUM, OXFORD ROAD,
BODICOTE, BANBURY, OX15 4AF



RFU
Accredited Club

EMAIL: MATT.GOOD@BANBURYRUF.C.CO.UK
TEL: 07503 712903



For more info, please email Matt Goode -
matt.goode@banburyrufc.co.uk or call on 07503 712903

Short Breaks Update for Families with Disabled Children and Young People

Kidlington



THERE'S A TEAM FOR YOU

AT GOSFORD ALL BLACKS RFC

SEN-friendly family group sessions
Sundays 10-11am - Ages 4 to 17

All sessions are non-contact with the primary focus on a safe and inclusive environment to offer a diverse range of fun and engaging games for all.

All coaches DBS checked and with RFU training and safeguarding

email: youth@gosfordrugby.com - tel: 0753 111 8213
www.gosfordrugby.com



Book your spot on <http://bit.ly/GAByouth> or scan the QR code

**** No sessions from June to August ** - new season starts again in September! If you're interested in coming for a taster session, please email - youth@gosfordrugby.com**

Wallingford

AND...

**** Also , check out Inclusive Tag Rugby at Wallingford Wolves... ****

<https://youtu.be/zgjEuXYuJ74>

Short Breaks Update for Families with Disabled Children and Young People



WE ARE UNITED

BANBURY UNITED

COMMUNITY

Neurodiverse Football

MONDAYS
5PM - 6PM

AGE 6-13
£2.50 Per Session

 NORTH OXFORDSHIRE ACADEMY ASTRO TURF

FOR MORE INFORMATION CONTACT:
COMMUNITYCOACH@BANBURYUNITEDFC.CO.UK



£2.50 per session, term time only. If you have a YouMove card, these sessions are free. For more details on YouMove, please contact - yomove@cherwell-dc.gov.uk

North Oxfordshire Academy, Drayton Road, Banbury OX16 0UD.

For more information, please email Ryan Jones on:-
communitycoach@banburyunitedfc.co.uk

Short Breaks Update for Families with Disabled Children and Young People



BICESTER PARK FC INCLUSIVE FOOTBALL AGES 5–15 YEARS

BE ACTIVE  HAVE FUN  MAKE NEW FRIENDS  PLAY FOOTBALL

We are a friendly (5–15 years) football team looking for new boys and girls to join our pan disability team. All abilities are welcome!

DAY: Saturday mornings
TIME: 9:00am–10:00am
LOCATION: Whitelands Farm Sports Ground
Whitelands Way
Bicester
Oxfordshire
OX26 1AJ
TEAM MANAGERS: Graham Hill and David Barker
WEBSITE: www.bicesterparkfc.co.uk
EMAIL: inclusive@bicesterparkfc.co.uk
TELEPHONE: 07990 990252 (Call, Text or WhatsApp)



For more info, please email - inclusive@bicesterparkfc.co.uk
or call, text or Whatsapp - 07990 990252

Short Breaks Update for Families with Disabled Children and Young People



BE ACTIVE  HAVE FUN  MAKE NEW FRIENDS  PLAY FOOTBALL

We are a friendly adult (16+) football team looking for new men and women to join our pan disability team. All abilities are welcome!

DAY: Monday evenings
TIME: 18:30–19:30
LOCATION: Whitelands Farm Sports Ground
Whitelands Way
Bicester
Oxfordshire
OX26 1AJ
TEAM MANAGER: Paul Fellows
WEBSITE: www.bicesterparkfc.co.uk
EMAIL: inclusive@bicesterparkfc.co.uk
TELEPHONE: 07880 557490 (Call, Text or WhatsApp)



For more info, please email - inclusive@bicesterparkfc.co.uk
or call, text or Whatsapp - 07880 557490

Short Breaks Update for Families with Disabled Children and Young People

Bicester



Blast off with Comets!

A safe space for disabled children aged 5-11 to kickstart their football journey



Scan here to see Comets in action!

Time and Date:	Saturday mornings 8:45-9:30	
Location:	Whitelands Farm Sports Ground, Whitelands Way, Bicester, Oxfordshire, OX26 1AJ	
Contact:	Graham Hill	Phone: 07990 990252
Email:	inclusive@bicesterparkfc.co.uk	



Email - inclusive@bicesterparkfc.co.uk or call 07990 990252

Short Breaks Update for Families with Disabled Children and Young People

Abingdon

St Edmunds FC



Inclusive Football



Be active Have fun Make new friends Play football



Come join our welcoming pan-disability football team for players of all abilities.

AGES 5-16 BOYS AND GIRLS

FRIDAY EVENING

6PM - 7PM

WOOTTON COMMUNITY CENTRE
OX13 6DA



SCAN ME



For more information email
Gemma Samways
stedmundsinclusive@gmail.com

Email - stedmundsinclusive@gmail.com

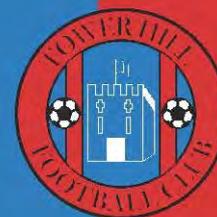
Scan QR code to see their training venue.

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

Witney

WITNEY ATP
MONDAY 6-7PM



COME AND
JOIN US!



TOWER HILL INCLUSIVE TEAM



We are a friendly team that aims to create a nurturing, supportive environment. Several coaches work with the team at each session, building self confidence and social skills as well as footballing talent!

Children over 8 and young adults all welcome. Please contact Sue Newport on 07966 153797 or sue@rsbjn.co.uk



For more information, please contact Sue Newport on 07966 153797 or via email - sue@rsbjn.co.uk

Short Breaks Update for Families with Disabled Children and Young People

Oxford



SUMMERTOWN STARS CEREBRAL PALSY FOOTBALL



Cerebral Palsy Sport

We are the Mixed U16 Warriors, come and join our regular Cerebral Palsy Football sessions. Open to males and females aged 5 and over who would like to play football and be part of our fun and friendly team. No experience is necessary.

Ambulant and Frame users welcome to take part.

Bi-weekly Sunday sessions from 13.00 - 14.30.

Please contact Sarah for more information.



CONTACT

enquiries@summertownstars.org

Sarah - 07947 624354

enquiries@summertownstars.org Sarah - 07947 624354

Short Breaks Update for Families with Disabled Children and Young People

Oxford



Your place to play

A safe space for disabled children aged 5 - 11 to kickstart their football journey

well together

Just be you!



Scan here to see Comets in action!

Time and Date: 13:00-14:00, Sundays 23rd March, 6th & 13th April and 4th & 18th May

Location: Artificial Pitch, Leys Leisure Centre, Pegasus Rd, Oxford OX4 6JL

Contact: Barrie Phone: 07517 308263

Email: oxfordblackbirdsbgfc@gmail.com



For more info - oxfordblackbirdsbgfc@gmail.com

Short Breaks Update for Families with Disabled Children and Young People

Henley

**HENLEY YMCA,
2 LAWSON ROAD,
HENLEY-ON-THAMES,
RG91NZ.**

COME JOIN US!

SIGN UP NOW - SIGN UP NOW

**youth disability
football sessions**
U12 (AGES 8 - 11 YEARS)
WEDNESDAYS ● 5PM - 6PM

£3.00

CONTACT: 01491 411849
EMAIL: PHIL@HENLEYYMCA.ORG.UK

The Henley YMCA in partnership with Oxfordshire FA are now running JUSTPLAY Youth Pan Disability Football sessions for children aged 8-11, all disability groups are welcome! Only £3 a session. Youth Pan Disability Football - every Wednesday, 5-6pm. If interested, please fill out the form:- <https://forms.office.com/e/8t5ZAwGa1x> For more info, email phil@henleymca.org.uk

Our sessions are social drop-in sessions, that are inclusive, fun filled, exciting and affordable. They are designed for the participants to enjoy, improve their physical and mental health, reduce stress and help the community to socialise, as well as staying active and healthy!

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with community short breaks for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People

SEND JUMP SESSIONS

Our dedicated jump sessions create a safe and inclusive environment for individuals with Special Educational Needs and Disabilities and includes use of both the Trampoline Park and Soft Play.

When: every 2nd & 4th Sunday of every Month - 3.30pm - 5pm Starting from 14th July

Cost: £6.70 per child

Please note that there is no additional charge for one accompanying adult/carer for this session.

For more information email carterton@gll.org, book via the **Better UK app** or at [better.org.uk/book](https://www.better.org.uk/book)



Carterton Leisure Centre - carterton@gll.org
<https://www.better.org.uk/book-activity>



The session will run at a reduced capacity and is for children aged over 18 months. Supervision ratio for under 8's apply: 18 months - 4 years = 1 adult : 1 child, 5 years - 7 years = 1 adult : 10 children and over 8 years = no ratios apply. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398